



Children and Young People (CYP) Practitioner

Reporting to: Clinical Lead

Salary: £34,461.81 pro rata per annum

Hours: 37.5 hours

About the Organisation

The Living Well Consortium is a network of over 40 third sector organisations working to improve the mental health and wider wellbeing of the local people, especially those who are most in need. We offer high quality, responsive, specialist services and initiatives including one-to-one counselling services, culturally sensitive support, guided self-help, relaxation techniques, telephone counselling, and other accredited talking therapies.

We have been successful in securing contracts with NHS Birmingham and Solihull Integrated Care Board to develop and deliver new approaches to psychological support to people in the community in Birmingham and Solihull, under the NHS Talking Therapies (IAPT) programme.

We aim to position the Consortium to be able to take a leading role in the design and delivery of mental health and wellbeing services across the region and wider areas of the West Midlands, and to enable voluntary sector organisations to work together to respond to the current funding challenges in the health and charitable sectors.

Overall purpose of the role

Delivering counselling to those aged 11-25 with mild to moderate stress, anxiety, low mood or other low level mental health issues. Deliver therapy assessments, wellbeing calls and group sessions will also be delivered as and when necessary.

Responsibilities and Duties

- Deliver one to one, short term (6 session model) therapeutic support to children and young people who are experiencing emotional distress.
- Conduct group sessions and workshops with the aim of improving the mental wellbeing of children and young people.
- Deliver a safe, professional, and accessible counselling service.
- Adapt practice to support neurodivergent clients and ensure that the service is accessible and supportive.
- Contribute to the development of best practice within the service.
- Ensure clients are appropriately discharged from the service and where appropriate, in consultation with supervisor/Clinical Lead ensuring onwards referrals/signposting to ensure best outcomes of clients.
- Identify and raise safeguarding concerns and appropriately share these with supervisor/Clinical/Safeguarding Lead.
- Promote safeguarding and welfare of children/young people/vulnerable adults.

- Perform all duties in line with relevant compliance, governance, legal and contractual requirements and internal policies and procedures (for example Safeguarding Procedures, DNA Policy).
- Engage with parents/carers to share concerns and support them to safeguard, support and manage their child, in line with specific needs.
- Liaise with, and work in partnership with other organisations involved in the care of the child/young person, for example GPs, CAMHS, Schools, Children's Services.
- Stay aware of the limitations of the role, counselling and recommending onward referrals where appropriate.
- Maintain high quality, accurate clinical records and complete all paperwork in line with policies and procedures, for example evaluation tools.
- Maintain up-to-date knowledge of legislation, national and local policies and ensure continuing professional development and maintaining up to date CPD Records.
- Attend and participate in supervision and line management as well as team meetings and mandatory training.
- Report and document any incidents, accidents, complaints or concerns, ensuring the registered manager has been informed.
- Be aware of, and keep up to date with, advances in the spheres of treatment for common mental health problems.
- Undertake training as required by the organisation.
- To work within organisations policies and procedures.
- Undertake such other duties commensurate with the role.
- To understand and work with the ethos, aims and objectives of LWC.

Person Specification and experience

- Qualified Children and Young People's Counsellor or Counsellor with experience working with children and young people (qualified to level 4 or above)
- Experience of delivery of face to face and online sessions including groups.
- Experience/knowledge in working with risk clients such as suicidal/self-harming clients and making robust risk management.
- Experience working with neurodiverse clients.
- Experience in using data systems such as laptus.
- Excellent IT proficiency including full competence using Microsoft Office Suite, e.g. Word, PowerPoint, Excel and Outlook.
- Attention to detail.
- Ability to keep accurate and robust record of sessions.
- High level of integrity and understanding of confidentiality and always maintains discretion.
- Ability to operate independently with minimal supervision.
- Ability to work as part of team, actively participating in clinical skills and supervision.
- Proactive self-starter with a positive and energetic approach to work
- Excellent written and verbal communication skills
- Confident communicator at all levels
- Effective time management and workload management

- Empathy with the aims and values of the organisation
- Commitment to continuous improvement including own professional development.
- Willingness to be flexible and dynamic as organisation needs change.
- Commitment to principles of Equal Opportunities.

Statement:

This job description will be agreed between the jobholder and the manager to whom they are accountable. It may be reviewed in light of experience, changes and developments.

The information being handled by employees of Living Well Consortium is strictly confidential. Failure to respect the confidential nature of this information will be regarded as a serious breach of regulations, which will result in action under the Disciplinary Policy including possible dismissal. In the case of computerised information, could result in prosecution for an offence or action for civil damages under the Data Protection Act 1998.

Employees must take reasonable care and be aware of the responsibilities placed on them under the Health & Safety at Work Act (1974) and to ensure that agreed safety procedures are carried out to maintain a safe environment for employees, patients and visitors.

Living Well Consortium is committed to Equal Opportunities in Employment and therefore it is the aim of Living Well Consortium to ensure that no applicant or employee receives less favourable treatment on grounds of gender, disability, religion, race, colour, sexual orientation, nationality, ethnic or national origins or is placed at a disadvantage by conditions or requirements which cannot be shown to be justifiable.

Living Well Consortium is responsible under the existing equality and diversity legislation to ensure equality issues are promoted and you are expected to work with Living Well Consortium to fulfil these obligations, Living Well Consortium policies and codes of good practice.

Due to the nature of this post, it is subject to a Disclosure and Barring Service (DBS), criminal records check.

