



AFRICAN CENTRED BLACK MALE HEALING CIRCLE

**YOU ARE INVITED TO COME AND JOIN
OUR WEEKLY GATHERING**

Healing

There is nothing more powerful than Black Men Healing! Enjoy fellowship and networking with other Black men who are focused on healing their entire lives.

Inspiration

Become empowered while discussing topics and issues that are important to you and other Black men. Feel free and safe to share whatever is on your heart and mind.

Self-Care

This time and space is exclusively for you to lay your burdens down in the circle. There is strength in vulnerability, and it is time for you to renew your strength while feeling seen, heard and appreciated.



PATTIGIFT
THERAPY



The Association of
Black Psychologists
(UK Abpsi)

Wednesdays

6.30 - 8PM

Space is limited. Register today:

www.pattigifttherapy.com

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