



We aspire. We create. We deliver.

Living Well UK Trustee (Safeguarding) Role Description

About Living Well UK

The objectives of Living Well UK, the Charitable Incorporated Organisation (CIO) are, the relief of sickness and preservation of health, with emphasis on mental health, in principally (but not exclusively) the Midlands, by:

- a) providing psychological therapies and counselling
- b) providing education for organisations and professionals in the mental health field
- c) promoting research for the public benefit and to publish the useful results of it.

The trustees review the aims, objectives and activities of the charity and report the success of each key activity and the benefits the organisation has brought to those groups of people that it is set up to help. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set. Providing psychological therapies and counselling The Charity's trading subsidiary (Living Well Consortium) has become the secondary (i.e. non-NHS) provider of primary care psychological therapies for Birmingham as well as delivering the triage and single point of contact service for Worcestershire.

There are two principal beneficiaries of our services:

- Residents and people working in Birmingham who have a GP in Birmingham or Worcestershire
- Member organisations of the Charity

The primary beneficiaries of the services are the patients who have a GP in Birmingham or Worcestershire who are referred or self-refer to our trading subsidiary for primary care psychological therapies. Member organisations receive business support, clinical governance and operational support from the Charity and trading opportunities through contracts won, which are managed by our trading subsidiary.

Role of LWUK Trustees

The charity trustees manage the affairs of the CIO and it is the duty of each charity trustee:

- To exercise their powers and to perform their functions as a trustee of the CIO in the way they decide in good faith would be most likely to further the purposes of the CIO.
- To exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:

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- i) any special knowledge or experience that they have or holds themselves out as having; and
- ii) if they act as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Safeguarding Trustee Skills and responsibilities

Safeguarding is a governance priority at LWUK and a fundamental part of its operation and strategic aims. LWUK is recruiting a trustee with demonstrable safeguarding knowledge and experience to provide support and guidance to the organisation's operations and clinical teams ensuring the charities aims are being delivered effectively and sustainably. It is essential the appointed trustee has experience working with a Local Authority Designated Officer and Coroners Court Hearings therefore able to provide crucial support and backing for the trustees, executive team, and clinical team when its needed.

- To build effective working relationships with staff and others
- To advise and support individuals at all levels within an organisation
- Act with integrity and respect when working with others
- To work with conflict and emotionally distressing matters
- Produce and develop guidance and resources

Trustee Knowledge

- The role voluntary organisations have in safeguarding
- Types of abuse and harm
- Legislation, government guidance and national frameworks for safeguarding children and adults at risk
- Role and responsibilities of local key safeguarding agencies, including social services and the police



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- Local social services processes for the assessment and referral of safeguarding concerns
- Local and national agencies that provide support for children, adults and their families

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